

OTTAWA JEWISH BULLETIN & REVIEW

Sunday Night at the Centre Series opens with Prof. Rabinovich Oct. 5



Itamar Rabinovich

Professor Itamar Rabinovich of Tel-Aviv University, Visiting Professor at the School of International Affairs of Carleton University will open the Sunday Night at the Centre Series with a talk on "The Middle East - Two years after the October War".

Professor Rabinovich accompanied by his wife and two daughters arrived a short while ago to Ottawa and will be living in our community for the next year. He is a graduate of the Hebrew and Tel Aviv Universities and received his Doctorate from the University of California in Los Angeles. Professor Rabinovich is currently Chairman of the Department of Middle Eastern and African History at Tel Aviv University. He is also a Senior Research Fellow of its Shiloah Institute.

Professor Rabinovich's major area of concentration is the Modern History and Contemporary Politics of the Arab World. The author of "Syria under the Baath" - 1973, he has published many articles on Inter-Arab

Relations, the Arab-Israeli Conflict, and Syrian-Lebanese Politics in Middle East periodicals. Professor Rabinovich is also leading a Seminar on the Contemporary Middle East at Carleton University.

A reception has been planned for 7:30 p.m. on Sunday, October 5, in the Social Hall of the Jewish Community Centre to enable members of the community to meet Professor Rabinovich. Professor Rabinovich's address will begin at 8:15 p.m. and there will be an opportunity to ask questions afterwards. A stimulating and informative experience can be expected by all those in attendance. So reserve the date and get into the habit of making Sunday Night Your Night at the Jewish Community Centre.

Ambassador Herlitz to speak for Bonds on October 15

The Honourable Esther Herlitz, a member of the Israel Knesset, and a former Ambassador from Israel to Denmark, will be guest speaker at a coffee hour of the Ottawa Women's Division, State of Israel Bonds, to be held on Wednesday Afternoon at 1:30 p.m. at Congregation Agudath Israel, 1400 Coldrey Avenue.



Esther Herlitz

Miss Herlitz is one of nine women members of the Knesset and the first woman member of the Foreign Affairs and Security Committee. She also serves on the Interior and Law Committees.

Miss Herlitz was among the original members of Israel's diplomatic corps which was formed at the inception of the state. She is a graduate of Israel School for Diplomats.

From 1950 to 1958, Miss Herlitz was stationed in the United States serving as First Secretary of the Israel Embassy in Washington and, later, as Consul of Israel in New York. She was also a member of the Israel Delegation to the Fifth General Assembly of the United Nations, where she was assigned to the Political Committee.

She is chairman of the Israel Voluntary Service, an agency set up by former Prime Minister Golda Meir to aid in immigrant absorption and to help bridge the differences among immigrants who come from many countries with varying backgrounds and to close the gap between this group and those who have lived in Israel a number of years.

Miss Herlitz was born in Germany, and came to Israel as a child in 1933, growing up in a pioneer atmosphere. All her adult life, she has been closely identified with the founding and development of modern Israel, in both war and peace.

A graduate of the Hebrew Teachers College, she served as an officer in the British Army during World War II in both Palestine and Egypt. Following her release from military service in 1946, she worked for a year as resettlement officer for Palesti-

nian ex-servicemen. Then she was appointed Secretary of the Jewish Agency's Political Department for Arab Affairs, a post she held until the Arab siege of Jerusalem in Israel's War of Liberation. During the siege, she was second in command of Chen, the Women's Army of Israel, in Jerusalem. Miss Herlitz is a former Director of the Public Relations Department of the Israel Ministry for Foreign Affairs. She has also served as a member of the Tel Aviv-Jaffa Municipal Council and as International Secretary of Mapai, the Israel Labour Party. She has travelled extensively throughout North America, Europe and Asia.

Esther Herlitz participated in the organization of the historic 1950 conference in Jerusalem which brought about the launching of the State of Israel Bond drive and she was closely associated with Israel Bonds during her service in the U.S.

Invitations to attend the Coffee Hour will be sent to all women in the Ottawa community who have purchased an Israel Bond in the past. Admission to the Women's Division function is limited to those purchasing or making a commitment to purchase, a State of Israel Bond, during the current 1975 campaign. Reservations may be made through the Israel Bond Office at 168 Charlotte Street, Suite 504, Telephone Number 236-7139, or through the Israel Bond Chairlady of the many co-operating Jewish Women's organizations. A nominal covert of \$1.50 will be charged.



ON PRIME MINISTER'S MISSION TO ISRAEL

Zeev Vered, the General Chairman of the United Jewish Appeal of Ottawa, his son Arnie, and Hy Hochberg, the community Executive Director, took part in the American UJA Prime Minister's Mission to Israel from August 24-28. Over 350 campaign leaders including delegations from Toronto, Montreal, and Ottawa made up the high-level mission which met with Prime Minister Rabin, Defence Minister Peres, Jewish Agency Acting Chairman Aryeh Dulezin and other political and military figures. The fast-paced itinerary included visits to the Golan Heights, the Mitla and Giddi Passes, and Umm Khashiba Observation Point which figured prominently in the interim agreement with Egypt.



Ed Rosenthal

Accepts Post in Boston

Ed Rosenthal, Assistant Executive Director of the Ottawa Vaad Ha'Ir and the Jewish Community Centre, is leaving Ottawa on October 15 to assume the post of Executive Director responsible for administration and fund-raising for the Maimonides School in Brookline, Massachusetts. Maimonides School is considered one of the leading Jewish Day Schools in the United States.

Mr. Rosenthal came to Ottawa in 1966 as Program Director of the Jewish Community Centre. He was promoted to Assistant Executive Director with both program and fund-raising supervisory responsibilities in 1973.

During his nine years in the community, Ed and his wife Marcia have gained many friends and they have established themselves in both the synagogue and social life of the community. Mr. Rosenthal was recently elected President of the Young Israel of Ottawa. He will be succeeded in the position by Dr. Norman Tenenbaum.

The Rosenthals leave Ottawa with the best wishes of the Boards of Directors of the Ottawa Vaad Ha'Ir and the Jewish Community Centre.

6th Annual Ottawa U.J.A. MISSION TO ISRAEL

February 23 - March 6, 1976

Two weeks... deluxe accommodation Jerusalem. Tel Aviv and Haifa. ... meals... overnight at kibbutz. ... visits to key installations and places in the news. ... briefings by leading figures in the political, military and academic life of Israel. ... tours guided by Yaakov Adler, and much, much more.

MEETING OF INTERESTED COUPLES
Sunday, October 19 at 3:00 p.m.

Jewish Community Centre Board Room.

Further information can be obtained from Hy Hochberg at 232-7306.

FIRST CLASS MAIL

Vaad Report

by David Loeb
President, Ottawa Vaad Ha'Ir



The new constitution of the Vaad which became operative at the Annual General Meeting on June 25, 1975 provides for an Executive Committee composed of the officers of the organization, the presidents of synagogues, the major committee chairmen, three members-at-large, a rabbi and our past presidents. The names of the members of the committee who will serve during the 1975-76 season are listed hereunder:

OFFICERS

Immediate Past President - Norman Zagerman
President - David Loeb
First Vice-President - Gilbert Greenberg
Second Vice-President - Dr. Harvey Lithwick
Treasurer - Zeev Vered
Honorary Secretary - Mrs. Laz Mirsky

PRESIDENTS OF CONGREGATIONS

Agudath Israel - Joseph Lief, Q.C.
Beth Shalom - Irving Aaron
Machzikei Hadas - Laurence Sugarman
Temple Israel - Dr. Jules Harris
Young Israel - Dr. Norman Tencenbaum

MAJOR COMMITTEE CHAIRMEN

Religious Affairs - Hyman Gould
Vaad Hakashruth - Dr. Baruch Diena
United Jewish Appeal - Zeev Vered
United Jewish Appeal
Women's Division - Mrs. Arncell Goldberg
Ottawa Talmud Torah
Hillel Academy - Carl Rosen
Education - Israel Shinder
Budget & Allocations - Norman Zagerman
Planning - Sol Shinder
Jewish Community Centre - Dr. Nathan Scheeter
Community Relations - Mervin Mirsky
Canada-Israel Committee - Hyman Soloway, Q.C.
Women's Affairs - Mrs. Abe Palmer
Student Affairs - Prof. Eugene Rothman
Zionist Affairs - Gordon Roston
Endowments & Bequests - Harold Shenkman
State of Israel Bonds - Moshe Feig
Without Portfolio - Alfred Friedman

MEMBERS-AT-LARGE

Sol Shabinsky
Lawrence Freedman
Mrs. Sol Shinder
RABBINICAL REPRESENTATIVE
Rabbi Roy D. Tanenbaum
PAST PRESIDENTS
Samuel Berger, Q.C.
Hyman Bessin
Alex Beteherman
Lawrence Freiman
Hyman Gould
Jacie C. Horwitz, Q.C.
The Hon. Mr. Justice Abraham H. Lief
Bertram Loeb
Jules Loeb
Mervin Mirsky
Abe Palmer
Thomas Sachs
Hyman Soloway, Q.C.

If you have any questions, comments or suggestions, we will be pleased to hear from you.

Under normal circumstances, Executive Committee meetings are held on the second Wednesday evening of each month at 7:30 p.m. That will be maintained other than for some minor adjustments during the football season and where there is a conflict with Jewish holidays and festivals. The full schedule of dates for the year follows:

Thursday, October 16
Tuesday, November 11
Wednesday, December 10
Wednesday, January 14
Wednesday, February 11
Wednesday, March 10
Tuesday, April 13
Wednesday, May 12
Wednesday, June 9

Our annual meeting is scheduled for Monday, June 21, 1976.

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THE OTTAWA JEWISH BULLETIN & REVIEW is published by the Ottawa Vaad Ha'Ir (Jewish Community Council of Ottawa), 151 Chapel Street, Ottawa, Canada K1N 7Y2. Norman Zagerman, Immediate Past President; David Loeb, President; Gilbert Greenberg, Dr. Harvey Lithwick, Vice-Presidents; Zeev Vered, Treasurer; Mrs. Laz Mirsky, Honorary Secretary; Hy Hochberg, Executive Director.

Joseph Palmer, Editor
Editorial Committee:
Joel Diena, Hy Hochberg, Stan Levine,
Ayni Neuman, Eugene Rothman

Ottawa Now has an 'Eruv'

For the first time in its history, the Jewish community of Ottawa now has an Eruv.

An Eruv is a boundary which, by virtue of its encompassing a certain area, gives that enclosed area the label of 'private domain'. Within that area, people are allowed to carry on Shabbos and Yom Kippur, something which under normal circumstances would be forbidden. To be sure, Ottawa is not the first city in Canada to have an Eruv. Toronto has that distinction. Indeed, two of the key people involved in the Toronto Eruv, Rabbi Price and Mr. Munk, were involved in the establishment of the Ottawa Eruv.

The impetus for the Eruv came from mothers who wanted to come to shul on Shabbos, but had no means of leaving their babies alone. With this Eruv, they will now be able to wheel their babies in carriages to their respective shuls.

The Eruv, to be exact, does nothing more than allow for permission to carry. It does not affect any other aspect of Shabbos observance. If you have any specific questions with regard to the Eruv, you are asked to contact your rabbi, who will be glad to help you.

The Eruv combines a link-up of the Ottawa River with Hydro poles and wires and Bell Telephone poles and wires. The map you find on this page shows the exact boundaries and shape of the Eruv. Unfortunately, not every area of Ottawa where there is a Jewish population could be included in the present Eruv. The Eruv does, however, include the immediate vicinity of all of Ottawa's shuls.

It should be noted that carrying on Shabbos is restricted to inside the boundary streets of the Eruv. This is a precaution, as in some instances, the Eruv wire runs on the inside of the street and in other instances on the outside of the street. To play it safe, the border streets are to be considered as outside of the Eruv.

Putting up the Eruv is only part of the process. It is necessary to maintain a continual check over the Eruv to insure that the various attachments which create the Eruv are still intact. If any of you would like to be part of the Eruv Vigilante Committee, please call 521-9700 any time from Monday to Friday, 9:00 a.m. to 4:00 p.m.

Those using the Eruv should check every Friday to be certain that the Eruv is intact. This can be done by calling 521-3773. A recorded message will inform you as to whether the Eruv is usable for the following Shabbos.

The request submitted to the Board of Control regarding the MacDonald-Cartier Bridge generated much publicity within the community. The MacDonald-Cartier Bridge problem has been happily resolved and to the many people who took the problem seriously and gave of themselves in order to solve the problem, including Mac Rynal, CEC Reporter; Wendy Sallman, Information Officer of the Public Works Department; Mike Smith

of the Transportation Division many thanks.

Thanks also to Mayor Lo Greenberg and to Regional Chairman, Mr. Denis Coolican for the help and co-operation.

A number of people have been involved in helping set up the Eruv. Marvin Flatt has served as Technical Advisor. Sam Lamp has helped with the material. Harvey Nickerson and Can Yosef Muskin as well as Yoch ed. Shmuel and Rena Bulka have helped with the actual setting of the Eruv. The community grateful to those individuals for their immeasurable help in the community service.

To put up an Eruv and to maintain an Eruv is an expense. The Ottawa Eruv is no exception. You are therefore, kindly asked to sign out the enclosed form and send your \$10.00 membership fee to the Ottawa Eruv Club. All fees will be used to carry the cost of maintaining the Eruv, so that you can carry on.

Thank you
Remember the Eruv Hotline number: - 521-3773.

ERUV CLUB MEMBERSHIP APPLICATION

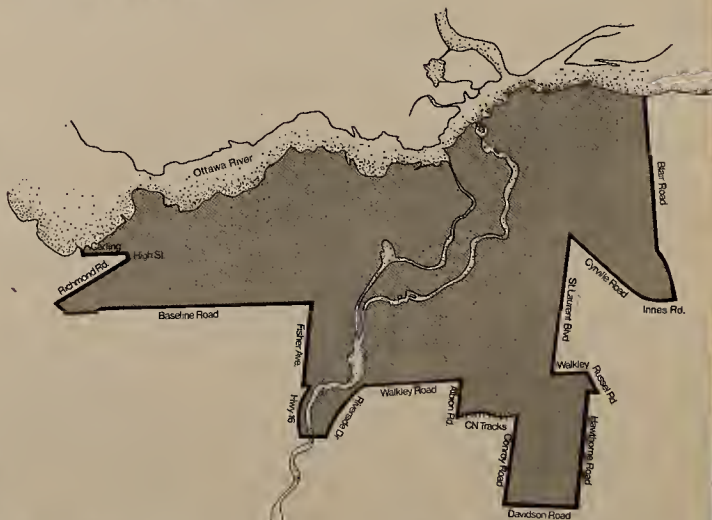
NAME _____
ADDRESS _____
Postal Code _____
Phone No. _____

Membership Fee enclosed \$10.00

Mail to: 2310 Virginia Drive,

Ottawa, Ontario

K1H 6S2



The Ottawa Eruv starts from the point where Blair Road meets the Ottawa River, and continues on Blair Road to Innes Road, and from Innes Road to Cyrville Road to St. Laurent Boulevard, down to Walkley Road, to Russel Road, on to Hawthorne and all the way to Davidson, down to Conroy, up Conroy to the rail yard, and down to Albion Road. From Albion Road the Eruv goes back to Walkley, and down Walkley to Riverside Drive, up Riverside Drive to a

small dirt Road crossing the Rideau River to Highway 16, meeting Fisher Avenue at Borden Side Road and continuing on Fisher to Baseline Road, and down Baseline Road to Richmond Road, along Richmond Road to High Street, down High to Carling Avenue, and along Carling Avenue to a private area slightly past Woodridge Court, which again meets the Ottawa River.

Within this bounded area it is permitted to carry

Golden Age Club announces "New Look"

New Look" for Golden Agers was announced by Mrs. Sha. Bordelay, President of the club. This year's program will begin on Monday, September 29 in the Assembly Hall of the Jewish Community Centre. Following the program there will be a special luncheon with Ron Boro, J.C.C. Director of Health and Physical Education.

Weekly meetings this year will include programs of films, bingo, and special functions for birthdays, holidays and Mother's and Father's Days will be held.

In addition, a "New Look" in Lounge will be opened on Monday, September 30. Located in the Adult Lounge of the Jewish Community Centre, the Lounge will be open each Tuesday - Wednesday from 1:00 - 4:00 p.m.

with coffee, tea, cards, checkers, chess, newspapers and magazines for all Golden Agers.

For further information, call Mrs. Bea Roodman at 741-3977 or just "drop in".



Meeting of the Planning Committee of the Golden Age Club of the Jewish Community Centre on August 20th.

A Home For Your Parents

-Recreation

-Entertainment

-Friendship

-Beautiful Chapel

-Extendicare

-Accommodation available

-Why not phone 236-7132
and be our guest for a day.

Hillel Lodge - Our Senior
Citizen's Home

JEWISH STUDENT UNION ANNOUNCEMENTS

OCTOBER
Saturday, 4th
8:30 p.m.
Friday, 10th,
7:00 p.m.
Saturday, 18th,
8:00 p.m.
Wednesday, 22nd,
8:30 p.m.

Faculty and Student, WINE'N CHEESE PARTY, Montefiore Club.
FRIDAY NIGHT DINNER, University Dining Room, Carleton University.
HERE IS ISRAEL - A 'Happening', Main Hall, Carleton University.
THE UN AND THE MIDDLE EAST - Carleton University.

NOVEMBER
Sunday, 2nd,
8:00 p.m.
Friday, 7th,
7:00 p.m.
Sunday, 16th
Wednesday, 19th
Sunday, 30th.

MEET THE ISRAELI AMBASSADOR, Montefiore Club
FRIDAY NIGHT DINNER, University Dining Room, Carleton University.
DISCO, Ottawa U.
DEBATE, Carleton University.
LATKE PARTY, Montefiore Club

J.C.C. Fall Program Season begins September 22

Most programs will start the week of September 22; however there will be some that will start on the following weeks, owing to the Jewish holidays.

HEBREW CLASSES WITH Yael LEFKOVITCH

Mrs. Yael Lefkovich will again be on hand to conduct the Jewish Community Centre Hebrew classes in beginners, intermediate, and advanced levels. The Beginners course will be conducted on Monday evenings from 6:45-8:30 p.m. for those who are unable to speak, read, or write Hebrew. The Intermediate course will be conducted on Tuesday evenings from 6:45-8:30 p.m., and some knowledge of Hebrew is required. An advanced course will take place on Wednesday evenings from 6:45-8:30 p.m., if there is sufficient interest, for those who are fluent in conversational Hebrew and wish to improve their other skills. The fee for each course, which includes textbooks, is \$55 for Centre members and \$65 for non-members. Those persons who have not registered in advance for any of the Hebrew courses, are requested to come at 6:30 on the evening of the course that they would like to attend.

GRAPHIC TECHNIQUES WITH HENRY FELIKS

BEGINS OCTOBER 29

A new course in the basics of Graphic Arts is being offered for the first time this year by the Jewish Community Centre. The course, which is scheduled to begin on Monday evening, will be conducted by Mr. Henry Feliks, a specialist in Fine Arts, who is currently teaching art at Bell High School. Enrolment in the course will be strictly limited to 15 persons. The course fee is \$15, which includes all materials. Interested persons who have not registered for the course as yet must register in advance call 232-7306.

J.C.C. ORCHESTRA AND CHORAL SOCIETY

The Jewish Community Centre Orchestra will return to its regular schedule of rehearsals on Sunday, October 5. The orchestra will continue to meet during the month of September on Wednesdays at 7:30 p.m., owing to the Jewish holidays. Persons who would like to get involved with the

Orchestra are invited to attend the September rehearsal sessions.

The Jewish Community Centre Choral Society has already begun its regular schedule of rehearsals on Monday evenings at 8:30 p.m. in the Auditorium. If you would like to become involved in the Choral Society, come to one of the September rehearsals.

THREE ISREELI MUSIC COURSES TO BE OFFERED AT JCC BY ELLA HARRIS

Ella Harris, Israeli Shalicha to Ottawa, has been a member of Kibbutz Bet Hashita since birth; she completed her music education at Tel Aviv Seminary for music instruction and was director of music for both education and recreation at her Kibbutz.

Mr. Harris served with the Israeli forces as a musical performer, entertaining both civilians and soldiers.

She comes to Ottawa with her husband and two children as part of the Jewish Agency's Noar and Hechalutz. She represents the Dror-Habonim Zionist Youth Organization and is a part-time staff member of the Jewish Community Centre.

PHOTOGRAPHY GROUP PLANS 1976 SEASON

The adult photography group of the Jewish Community Centre will hold its opening meeting for the 1975-76 season on Wednesday, October 1, at 7:30 p.m. in the program meeting room of the Jewish Community Centre. All members of the community are invited to participate with the group, which meets every other Wednesday evening.

Planned for the first meeting is an open display of photographs and slides, so bring your prints and slides and get acquainted with others sharing your interests. Also planned for the first meeting is a slide show of Kibbutz life in Israel by Larry Harris, Kibbutz photographer. Refreshments will be served.

If you any questions or require additional information about any of the J.C.C. Programmes, please call Howard Ross at 232-7306.

U.J.A. WOMEN'S DIVISION - 1975

The following names were inadvertently omitted from the publication listing the names of contributors to the 1975 Women's Division Campaign of the Ottawa United Jewish Appeal.

Patrons - Ruth Friedman
Advance - Lois Abelson
Sharon Drache
Ceil Rabinovitch
Phon-a-Gift
Rose Braun
Sara Broitman
Blanche Edelstein
Rose Pearlman
Sandra Pomerant
Sarah Satov
Marion Silver

GOLDEN AGE CLUB announces

"A DROP-IN LOUNGE"

You are invited
to drop in to
The Jewish Community Centre
every Tuesday,
Wednesday and Thursday
1:00 - 4:00 p.m.
in the Adult Lounge
cards coffee, friends,
STARTING SEPTEMBER 30

Institute of Adult Jewish Studies

Sponsored By

**Carleton
University**

**The Ottawa
Jewish Community**

Reproduced alongside is an advertisement for the Ottawa Jewish Community Institute of Adult Jewish Studies. The Institute is the fruit of the labours of the Subcommittee of the Coordinating Council of Adult Jewish Education, comprised of Rabbi Roy D. Tanenbaum, Chairman, Rabbi Reuven P. Bulka, Professor Eugene Rothman, and Professor Harvey Lithwick.

For many years, it was apparent that the needs of those persons who were truly serious about wanting to increase their Jewish education, were not really being met by the Synagogues or the Jewish Community Centre. It was further felt that while we were all very much concerned and tried to make the best type of educational programmes possible, our own efforts were self-defeating in terms of attracting and holding the truly serious and committed student.

It was Professor Rothman who opened the channels of communication between Carleton University and the Jewish Community, with the end result being the Institute of Adult Jewish Studies. Those of you who have seen the advertisements for the Institute in the general press, will note that the course fees are substantially less than for any other courses being offered by the Department of Continuing Education at Carleton University. This is due to the fact that the courses are being subsidized by the Jewish Community Centre and Synagogues of Ottawa, who together comprise the Coordinating Council of Adult Jewish Education.

Those persons who enrol in the program are eligible to receive either the Certificate in Jewish Studies, or the more advanced Diploma in Jewish Studies. The Certificate in Jewish Studies is granted by the Office of Continuing Education to those who successfully complete any six of the following eight non-credit courses: CE 601, 602, 603, 604, 605, 606, 607, 608. The Diploma in Jewish Studies is granted by the Institute of Jewish Studies to those who complete the requirements for the Certificate Program and the equivalent of two full courses chosen from the degree-credit courses offered by Carleton University's Department of Religion in the area of Jewish Studies.

The Chairman of the Institute of Adult Jewish Studies Committee, Rabbi Roy D. Tanenbaum, expressed the hope that members of the Jewish Community will enroll in the courses being offered at Carleton this year. This programme can only succeed and be expanded over the coming years with your involvement. Show your interest and call the Carleton University Office of Continuing Education at 231-6660 to register for a course, or courses.

EXTENSION COURSES - FALL TERM.

The Origins and Growth of Hasidism
Instructor: Professor Alti Rodal
Mondays, 7:30 - 9:30 p.m.
10 sessions, beginning September 22
Course No. CE 602 Fee: \$25.00

A course for those interested in the history of European Jewry and contemporary Judaism. Hasidism is traced from its social, historical and ideological origins to the present day. Emphasis is given to the founder of Hasidism, the Baal Shem Tov, and his circle; the movement's growth in Europe; Rabbinic opposition; interpretations of traditional Jewish ethical and religious ideals; and contemporary Hasidism as a religious movement in modern Judaism.

RESPONSES TO THE HOLOCAUST

Responses to the Holocaust
Instructor: Rabbi Donald Gerber
Tuesdays 7:30 - 9:30 p.m.
10 sessions, beginning September 23. Course No. CE 603
Fee: \$25.00

An introduction to the events of the Holocaust (the destruction of six million Jews by the Nazis during the Second World War), and responses to it by various countries and religious groups. Topics: reactions in European countries and the Anglo-Saxon world; responses of world Christianity and the German Churches; and post-war Jewish responses - growing support for a Jewish state, and the works of Emil Fackenheim, Richard Rubenstein and Elie Wiesel.

An Introduction to Talmudic Thought

Instructor: Rabbi Reuven P. Bulka
Wednesdays, 7:30 - 9:30 p.m.
10 Sessions, beginning September 24
Course No. CE 601
Fee: \$25.00

This course examines Talmudic thought and its application to concrete situations. The life ethic of Judaism is illustrated as a source of values in contemporary society. Topics include: the concept of God; the role of man and woman; death and medical ethics; the family; marriage and divorce; ethics; justice; Commandment; and the meaning of life and death.

Yiddish 1
Instructor: Mrs. Lucy Jason

Thursdays, 7:30 - 9:30 p.m.
10 sessions, beginning September 25

Course No. CE 604
Fee: \$25.00

An introduction to oral and written Yiddish, for those with no knowledge of the language or its cultural background, or for those who wish to improve existing skills. Included are: the alphabet; vocabulary; basic grammar; proverbs; folk-sayings; general conversation; and an introduction to the Jewish Society of Eastern Europe through literature, music and folk-humour

EXTENSION COURSES WINTER TERM

Four Jewish Philosophers
Instructor: Rabbi Roy D. Tanenbaum
To be announced
10 sessions, Winter Term
Course No. CE 605 Fee: \$25.00

A introduction to the life and thought of four major Jewish philosophers whose works have influenced the direction of philosophy and society. The writings of Moses Maimonides, Moses Mendelssohn, Franz Rosenzweig and Martin Buber will be examined to learn how these thinkers dealt with problems such as faith, reason and revelation, man and G-d, and man and society, in the Middle Ages, Enlightenment Europe and the modern era.

Jewish Education and Society through the Ages

Instructor: Professor Squire
To be announced
10 sessions, Winter Term
Course No. CE 606 Fee: \$25.00

A survey of Jewish education through the ages with emphasis on the changing relationships between the educational institutions and traditional values in Jewish society. Topics covered will include a study of education in biblical times, the talmudic period, the Middle Ages and Enlightenment Europe. Special attention will be given to a comparison of present day education in North America and Israel.

Themes in English-Jewish Literature

Instructor: To be Announced
To be announced
10 sessions, Winter Term
Course No. CE 607
Fee: \$25.00

A course for those interested in English-Jewish literature as a literary vehicle as well as the expression of the Jewish experience in the New World. Works by Canadian, American and European authors will be discussed in order to learn how these writers view Jewish society in the English speaking world. Special attention will be given to modern literature.

Yiddish 11
Instructor: Mrs. Lucy Jason
To be announced
10 Sessions, Winter Term
Course No. CE 608 Fee: \$25.00

This course is a continuation of Yiddish 1. Special emphasis will be placed on the improvement of conversational skills as well as the reading of specially edited versions of classic Yiddish works. Emphasis will also be placed on contemporary Yiddish writings, such as poetry, prose and the Yiddish press.

CREDIT COURSES

Life and Thought in Ancient Israel
Instructor: Professor R. M. Polzin
Thursdays, 9:30 - 11:30 a.m.
14 sessions, Fall Term (1/2 credit)
Course No. 34.210/ Fee: \$68.30

An examination of the major themes contained in early Hebrew literature through study of the first six books of the Hebrew Bible in English translation. Topics for interpretation will include creation and myth, Israel's patriarchs, the Exodus from Egypt, revelation at Sinai, the Israelite occupation of Canaan, and the desert experience. Emphasis will be given to the traditional ways by which scholars have attempted to interpret these writings and how these ways or methods relate to new approaches such as structural analysis.

Prerequisite: Religion 34.120 or permission of the Department.

Modern Jewish Thought

Instructor: Professor Eugene Rothman
Wednesdays, 2:30 - 5:30 p.m.
28 sessions, full year
Course No. 34.350
Fee: \$136.70

Modern Jewish thought in response to the Enlightenment, the Zionist, and Reform movements; the Holocaust and the establishment of Israel. Special attention will be given to such authors as Mendelssohn, Hirsch, Herzl, Rosenzweig and Fackenheim. Different themes will be studied each year the seminar is taught.

Prerequisite: Religion 34.240 or permission of the Department

Introduction to Hebrew

Instructor: Professor S. Van Vlasselaer
Mondays and Thursdays, 7:30 - 9:00 p.m.
56 sessions, full year
Course No. 34.015 Fee: \$136.70

An introduction to Hebrew with emphasis on reading comprehension and conversation. Language tapes are used in conjunction with the textbook. Restricted to beginners in the language.

Prerequisite: Permission of the Department
Lecturer: S. Van Vlasselaer.

Judaism and the Jewish People

Instructor: Professor Eugene Rothman
Mondays, 3:30 - 5:30 p.m.
or
Tuesdays, 7:30 - 9:30 p.m.
28 sessions, full year
Course No. 34.240 Fee: \$136.70

An introduction to Judaism and the Jewish people from the destruction of the Second Temple in 70CE until the present day in Europe and America. A broad historical survey of the religion, culture and civilization of the Jews in the East and the West during the Rabbinic age, the Middle Ages and the modern period. Special attention will be given to basic beliefs and practices as well as to trends and movements important to contemporary Judaism.

Prerequisite: None

Hebrew and Near Eastern Wisdom Literature

Instructor: Professor R. M. Polzin
Thursdays, 9:30 - 11:30 a.m.
14 sessions, Winter Term (1/2 credit), \$68.30

An investigation of the major themes in the wisdom literature of the Hebrew Bible in English translation (e.g., Job, Proverbs, Ecclesiastes, Song of Solomon) in the context of ancient Near Eastern wisdom literature generally. Topics for interpretation include: tensions between religious faith and personal experience; God and the presence of suffering in the world; rules for success in life and business; the religious sceptic; the permission of suicide and the delights of human love. Emphasis will be given to the traditional ways by which scholars have attempted to interpret these writings and how these methods relate to newer approaches such as structural analysis.

Prerequisite: Religion 34.219* or permission of the instructor.

Readings in Biblical Hebrew

Instructor: Professor R. M. Polzin
To be announced
28 sessions, full year
Course No. 34.215
Fee: \$136.70

A study of the grammar and syntax of selected readings, with guidance in translation, composition and interpretation.

Prerequisites: Hebrew 34.015 or equivalent and Religion 34.120.

Registration

All classes begin the week of Monday

September 22. Late registration may

be made at the first class session

Ottawa Group of 35 Ready for Second Active Year

The Group of 35 has just completed its first full year of activity in Ottawa.

While the initial meeting was in July, 1974, the group became active in September with a visit to the Russian Embassy on the Eve of Rosh Hashanah. Chairman Simone Goldberg and member Fran Greenblatt carried a letter to Soviet Ambassador Alexander Nikolaevich Yakovlev, asking for a free Soviet emigration policy. This event coincided with the Russia-Canada Hockey Series which was to begin in Quebec City on the first day of the Jewish New Year.

The move produced widespread media coverage with pictures and stories in all Ottawa newspapers and much radio coverage. That was just the beginning.

The aim of the Group of 35 is to bring the problems of Soviet Jewry to public attention through the press, radio and television media, to inform the Soviet Government through their Embassy and visiting individual or delegations from that country that we as humanitarians are not going to stand by whilst they harass and imprison innocent Jews; to let Soviet Jews know that we are behind them; and that they know we are here and ready to act on their behalf.

THE OTTAWA GROUP OF 35

Approximately 70 women are members of the Ottawa 35's. Their role is that of political activists. Demonstrations are always silent with the exception of one spokesman. The women dress in black and wear a large Mogen David. These Soviet Stars bear the names of Jews in USSR prisoner camps who are known as Prisoners of Conscience.

Before each event news releases are written for all area media and personally delivered to each editor so



Simone Goldberg and Fran Greenblatt barred from Soviet Embassy following delivery of letter to Ambassador.

news desks are alerted and full background material provided.

These activities are carried out by the Group of 35 as a separate entity or in conjunction with the Ottawa Soviet Jewry Committee. Last October saw a Succoth demonstration take place, where baskets of fruits and vegetables, each bearing the names of Jewish Soviet prisoners, were carried in silence to the Soviet Embassy and placed outside the gates while a roll call of prisoners names was read out. During the Silva Zalmanson visit in November, the 35's arranged a news conference and community meeting. Mrs. Zalmanson had been recently released from Soviet prison where she had been sentenced to death

for allegedly attempting to steal a plane with her husband and others, to fly to Israel. She was pardoned after serving four years of a ten-year sentence. Her husband also received a death sentence which was later commuted to 15 years hard labour.

Mrs. Zalmanson attributed her early release and unprecedented pardon to intense publicity campaigns in the West. She estimated at least 35,000 to 45,000 "Prisoners of Conscience" are in USSR prison camps. The Zalmanson news conference gained national publicity in all media.

International Human Rights Day, December 10th, saw the 35's swing into action again. Members of the group collected about 800 signatures



Ottawa, Montreal and Toronto Groups of 35 march to Soviet Embassy protesting on behalf of Dr. Shtern.

at the Bayshore and St. Laurent Shopping Centres, for a petition to the Soviet Embassy.

On February 16th of this year the Ottawa Group of 35 joined with the Toronto and Montreal groups in a demonstration over 200 strong to protest the imprisonment of Dr. Mikhail Shtern, a Jewish endocrinologist in the Soviet Union, who had been sentenced to eight years hard labour in a Soviet Jail for allegedly accepting bribes from his patients.

WE NEED YOU

As the Ottawa Group of 35 enters its second year, the need becomes even more vital for a strong, active organization. The problems are self-evident. Detente does not

necessarily mean free emigration and certainly not free emigration for Soviet Jews. You've read the horror stories from those who got out to tell the truth. It's clearly evident that Western political activism does work and that the Soviet Union is influenced by these actions in the free world.

We want your help. Your Soviet brethren desperately need your help. If you wish to become a member of the Group of 35, please contact Avril Gamble at 224-7020 or Simone Goldberg at 722-1433.

Our next meeting is scheduled for Tuesday morning, October 14, at 10:00 a.m. at the home of Ruth Viner, 1943 Wembley, with guest speaker Yosef Yaakov. We would welcome your presence.



Merle Adam and Barbara Shmelzcr get a V.I.P. signature for the 35's Human Rights Day petition.



Succoth offerings flagged with names of Prisoners of Conscience left at Soviet Embassy fence by Group of 35.

Jewish Community Centre Youth Programs

Sunday Autumn Day Camp

This year the Sunday Children's program will run just like a day at camp. There will be a stimulating comprehensive program which will keep children from age 4 - 11 busy between the hours of 11 - 3.

Your child will be placed in a group close to their age and grade. Each group will have a

CREATIVE CRAFTS

Pre-schoolers (4-5) a time for creative exploration. Young children have the opportunity to freely explore paint, clay, wood, paper and natural materials in their own way.

CRAFTS BAZAAR - Grade 1 & 2, Children work with Tie-dye, macrame, sculpture with clay and carve with wood. Also trips to art galleries and museums.

CREATIVE DESIGN - Grade 3 & 4

Fabric design, leather crafts, tie-dye and jewellery.

LEATHER CRAFTS AND FABRIC DESIGN - Grade 5 & 6

Design belts, wallets, decorate jeans and jean jackets

ACTIVE PROGRAMS

KINDERGARTEN KAPERS - age 4 & 5 multi-activity group using indoor, outdoor facilities. The purpose of the group is to help children play together in a group setting.

MIXED BAG

Grade 1 & 2 - trips and active play. Children make use of the gym and go to outdoor recreational settings.

BOWLING - Grade 3 - 6 - Tournaments and instruction

OTHER PROGRAMS

CHILDREN'S HERITAGE THEATRE - an opportunity for the young child to learn about their Jewish heritage through the world of storytelling. History comes alive through games, improvisation and fantasy.

KITCHEN MAGICIANS - Grade 1&2 - Dip, Knead, flour, and scramble the exotic recipes of a wide variety of Jewish foods. Children also learn the art of table setting and party planning as well as other exciting areas of cooking.

GREEN THUMBS - Grade 3 & 4 - children make Terrariums. Herb Garden and macrame hanging fixtures.

DANCE MOVEMENT - Age 4 & 5 children learn to move naturally with the use of rhythmic.

MASS PROGRAMS

Children will be involved in holiday programs which will give a knowledge and positive experience relating to our Jewish culture.

This is just a sampling of what is possible during Sunday Winter Camp. An added attraction will be a Sunday Children's Film Festival held every other Sunday from 3:30 - 5:00.

LUNCH: Please send your child with a box lunch and a beverage.

Registration

Winter Day Camp starts Sunday October 5. The program runs for ten weeks.

Free to centre member \$20.00 per child non-members. You may register by Phone 232-7306 or come down Sunday with your child.

TIME OUT FOR KIDS (Mid-week children's program) ages 6-11.

Monday - Theatre on a string - children make their own puppets, set stages and produce skits.

Tuesday - Arts & Crafts kosher style - children make kipot, challah, covers, shofars, candelabras.

Wednesday - Music makers - children make their own instruments and learn to play them.

Thursday - Gym and fun - various games and sports. Age 9 - 11

Monday - Movie making - the art of film making. Children learn about the world of film by seeing and doing.

Tuesday - Model building - build cars, planes, boats, or whatever.

POTS' N' PLANTS CLUB

Terrarium and herb garden creations

INTERMEDIATE GUITAR INSTRUCTION for the child with some musical (guitar) background.

WEDNESDAY - MAD SCIENTISTS - children explore the world of electricity, biology, ecology and chemistry.

THURSDAY - GUITAR - small groups for beginners - folk style and basic music instruction.

In the planning stages

- gymnastics

- self defense

- intramural house leagues

qualified youth leader acting as the group's counsellor. The leader will be responsible for organizing each Sunday program using various settings, facilities and specialists.

The following is a brief outline of some of the activities which each age group will take part in:



Michael Wolfe

The material contained on this page is an outline of the program which Michael Wolfe will be offering to the children and youth of our community beginning Sunday, October 5. At that time, all programs will be finalized. One of the areas that will be beefed up considerably will be the tween program offerings.

Michael Wolfe, who began his appointment as Director of Youth Activities at the Jewish Community Centre on Tuesday, September 16, comes to us from the YMHA in Montreal where he worked for a number of years with young people. It is hoped that family members of the Jewish Community Centre will take advantage of the many new and innovative programs that Mike will be offering, and that the response from the community - at large will also be enthusiastic.

OF INTEREST TO PARENTS

The emphasis of the programs planned for this year are three-fold:

1. Enhancing Jewish Identity - youth will be given an opportunity to learn about their Jewish identity through innovative and exciting projects.
2. Socialization: Teaching youth of all ages to get along with one another, i.e. sharing, problem-solving... to help youth develop on their own and in a group setting.
3. Develop Specific Skills: Children will be taught varied methods and techniques to improve their abilities in their chosen skill.

JOIN THE CENTRE AND SAVE

You have probably noticed that the fee for the Sunday Autumn Day Camp for non-members of the Jewish Community Centre is \$20 per child, while it is free to children of Centre members. In line with the new Centre membership policy, there will be substantial differences in price for services to J.C.C. MEMBERS AND NON+ MEMBERS OF THE J.C.C. If you have children in school and are thinking of sending them to the Autumn Day Camp or Summer Day Camp, it makes sense - and saves money too - by joining the Centre.

J.C.C. Family Membership rates are only \$85 for a family which includes husband, wife, and children at school; and \$70 for a single parent with children at school. Don't miss out - Phone 232-7306 and ask for a J.C.C. membership application.

STAFF WANTED

The J.C.C. Department of Youth Activities requires the following part-time staff immediately: group leaders for children's groups; teen group leaders; specialists in drama, music, dance, crafts (leather, copper, tie-dyeing, silk screening), guitar, photography, and television. Tutors for high school students are also required. Call Michael Wolfe at 232-7306. If you have a skill that you think would interest young people, call Mike and discuss it.

Tween Program (Ages 12-14)

Tuesday, 4:00 - 5:30

Afternoon Lounge Program

Ping Pong, Pool, chess, a place to meet new friends.

Sunday, 1:00 - 3:00 - BOWLING LEAGUE - Leagues will be formed, closing banquets and trophies. Sessions: 10 weeks. Fees: Price for each game bowled.

Programs in the planning stage:

Model Rocketry

Gymnastics

Fencing

Intramural House Leagues), Guitar Instruction

TEEN PROGRAM - AGE 15 - 18

Well, another summer has passed and school is here again. I hope your summer was enjoyable and enriching.

By now you have probably settled into school and are ready. To plan your extra-curricular activities, the following is brief

assortment of programs which I would like to offer this year. The success of this teen program is up to you. Please come in and see me. I would like to discuss any potential programs with you. Remember the teen program is as good as you make it, so come in and say hello!

TEEN LOUNGE

A place to meet with teens and do a variety of things. Activities offered include ping pong, pool, games, special programs (guest personalities, career opportunity sessions). A change for you to get involved with staff to develop and direct lounge programs.

Time: Monday and Wednesday - 7:30 - 9:30 p.m. Sunday 2:00 - 4:00 p.m.
Fee: None

Leadership Training Group

Weekly seminars dealing with group dynamics, program planning, problem solving, and other leadership skills. Participants will also be placed for "on the job training" within the children's division.

TIME: Wednesday - 7:30 - 9:00
Fee: None

Dial-A-Tutor

Need any help with the 3 R's. Call me and I will arrange for a tutor free of charge.

Time: Monday - Thursday, 4:00 - 6:00 p.m.
Fee: None

S.N.A.P. Saturday night activity planning committee

Weekly meetings to plan Saturday night programs. Dances, Coffee houses, or films. The centre is available but it is up to you to decide what to do with it.

Time: to be announced
Fee: None

Guitar Instruction

Beginners: Monday - 7:30 - 9:00

Advanced: Wednesday 7:30 - 9:00

Fee: \$15

Sessions: 10

Woman's Group

Girls here is an opportunity for you to discuss important issues that concern females. Topics for discussion will be:

- 1) Women's new role in our changing society
- 2) What to do after high school
- 3) Topics personal to the young woman

COMMUNITY SERVICES YOUTH CAMPAIGN

This is a chance to get involved. Help raise funds for the Jewish Community Services and the Israel Emergency Fund. Through the use of Fast-A-Thons, Skate-A-Thons and dances, you can help learn and enjoy this important program.

Time: To be announced
Fee: Hard work

The following is a list of programs that can be offered. Only you can make them happen. J. Ski Club - Downhill and/or cross country
Centre Youth Newspaper
T.V. Media/Film making
Photography Club), Self Defense

Intramural Sports (Floor Hockey - Basketball, etc.)

Inter-City exchange - an opportunity for Ottawa Jewish Youth to meet their counterparts from other Jewish communities in Canada and the United States.

Jobs for Youth - Form a job co-operative to help find part-time and summer employment for teens.

ATTENTION TEENS - need help with school, friends, parents bugging you, problems with drugs, sex. Just want to rap - call me for a private and personal get together - Mike Wolfe, 232-7306.

J.C.C. FAMILY MEMBERSHIP RATES

Family - husband, wife and children at school - \$85.00.	Family - single parent and children at school - \$70.00
Individual membership for persons' under 18 - \$35.00	

J.C.C. Phys. Ed. Department Fall Schedule

All Programs begin the Week of Oct. 5 Unless Stated Otherwise

1) GIRLS BALLET & GYMNASTICS

Ballet in Dance Studio. Improve co-ordination, learn body control with visual feed-back from mirrors. Gymnastics will follow. Please register with Phys. Ed. Office.

2) KARATE

From beginner to black belt. Students will be examined for belts during session. Please register with Phys. Ed. office.

3) TENNIS

Instruction for the ladies Monday and Wednesday. Qualified instructor.

5) YOGA

Beginners Yoga with the emphasis on the mind and the physical aspects. Evening classes 8:00 - 9:00. Register with Phys. Ed. Office.

7) LADIES FITNESS CLASS

The women's fitness class is given four days a week. This gives the women an opportunity to get out of the house and keep in shape.

10) MOTHER + TODDLER PROGRAMME

The general objective of the program is to offer the children ages 1½ - 3 a chance to work with mother, an opportunity to develop muscles, co-ordination, courage and body control. We also give the children a chance to socialize with other children. The Centre has added new gym equipment special for this age-group.

6) CROSS COUNTRY SKI (Professional Instructor)

Under the auspices of the Canadian Nordic Ski Association, instruction will be given by qualified staff. The program will include dry land training, equipment, waxing and of course, skiing methods. When the snow arrives, the instructor will take the class outdoors. We are hoping to get enough people to form a club so the group can go to the Gatineau with the instructor for first-class instruction. If the adults are interested we are hoping that their children will want to. We will then take the family out on Sundays. (Begins October 12)

Fees: Members \$7.00; non-members, \$12.00. Length of course - 10 weeks. Register with Phys. Ed. Office.

11) LADIES VOLLEYBALL

We have noticed that volleyball is a big game among women. We now have many gals who are ready to play. Wednesday evenings have been set aside for league play. Joy Feldman is the convenor of the league and is very pleased with the response to this date. If you are interested, please register with the phys. ed. office.

12) BADMINTON

There are no better racket games than badminton. There is a group that comes down on Tuesday between 5:30 and 7:00. They would like more people to join in. Instruction is available.

13) NUTRITION CLASS

In today's society many people have become food conscious. Everyone tries to eat properly but most of us do not really know what foods are the most beneficial to us. We are offering the Jewish Community a chance to learn about nutrition from qualified government nutritionists. The time and place for these classes have not been determined. If the response is a meaningful one, we will decide the time and place. It's up to you. Register with phys. ed. office. Signify east or west end. 10 weeks - \$5.00 members; \$10. for non-members.

8) LADIES RAQUET BALL

Here is a chance for you gals to learn the game that keeps your husbands at the Centre. On Tuesday nights there will be instruction class in Raquetball. Come out and enjoy the fastest growing racket sport.

4) HAPPY HOUR FITNESS

A fitness class for people who miss out on the noon class. We are offering you an opportunity to shape up. Fitness is a personal thing. The class will last all year.

14) FUNDAMENTALS OF FOOTBALL FOR WOMEN

Women have you ever wondered why your husband sits at the T.V. every Sunday and watches a football game? Or do you yourself go to the game, and do not understand what is going on but are too embarrassed to ask? This is your opportunity to learn more about the game than your husband knows. Classes will be held either in the east or west end, depending on the response. Register with phys. ed. department.

15) WEST END FITNESS CLASS

The West End Ladies Rhythmic Fitness Class under the direction of Doreen Keir is already in progress. The next 7-week session will begin on Monday, October 27. Classes meet Mondays through Thursdays from 9:30 to 10:15 a.m. at the Agudath Israel Synagogue. To reserve your place for the next session, check the West End Fitness Box on the registration form. For further information, call Mrs. Ethel Taylor at 728-4802.

The Phys. Ed. Department is in the process of working on many other programs for the community. If you have any ideas of programs that you would like to see, do not hesitate to contact the phys. ed. department. We hope that the community will make use of the facilities in the New Year.

J.C.C. VARSITY BASKETBALL

It has been many years since the Jewish Community has been represented in City Basketball. The phys. ed. department would like anyone who is interested to try out for this team. The team, most probably will be entered in one of the City Leagues. If you are over sixteen and feel you can add something to the team, we hope you will come to practice. We are fortunate to have Larry Harris as coach. Larry has played basketball in New York and Israel where he coached the Junior National Team. Please call Ron Boro or Larry Harris for times of practice. We hope you will try to put the Jewish Community Centre Basketball Team on a par with the other teams.

9) DANCE COMPANY

Modern and Ballet Dance for women to learn dance technique. 10-week course - Fee: \$8.00 non-members.

BABY-SITTING IS AVAILABLE IN THE MORNINGS AT THE JEWISH COMMUNITY CENTRE FOR A NOMINAL CHARGE.

Program Schedule Outline

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
9:30 a.m. Girls Ballet (1)	Ladies (7) Fitness	Ladies Fitness	Ladies Fitness Tennis	Ladies Fitness Mother (10)	
9:30 a.m. Fitness	Tennis (3) 10-11	Ladies Raquet Ball	10:11 Fitness Noon	Toddler 10-11 Fitness	Fitness
Adult Sport Gymnastics 10:00	Fitness Noon	Hillel Fitness	Class	Noon Fitness	Noon
10:30 - 5:00 Teen	Fitness Class	Noon Fitness	12:30 Rec	Class 12:30	Fitness Class
Tween Sports	12:30 Class	Class 12:30	Activities	Rec 12:30	12:30 Rec
Football, Soccer, Floor Hockey	Activities 1:30 - 1:45	Rec 12:30		Activities	Activities
Karate 1:00 (2) (Studio)	Golden Agers 1:40 - 4:00	Activities 1:40 - 4:00		1:30 Gym CLOSSES Health Club	1:30 Gym CLOSSES Health Club
Weight Training Mini Basketball (8-12 yrs.)	Hillel 4:00 - 5:30	HILLEL SCHOOL - RESERVED		CLOSSES 1 hour before sunset or 5:00 P.M.	
5:00 - 7:00 Special Events	Co-Ed Happy Hour Fitness (4) 5:30 - 6:30	INTRAMURAL SPORTS			
	Co-Ed Night Fitness	Badminton 5:30 - 7:00 (2)	Ladies Volley Ball 7:30 - 9:00 (11)	Youth Activities 8:00 - 9:45	
	Yoga (5) 7:30 - 8:00	Dance Company 8:00 - 9:30 (9)	Ball Leagues		
	Cross Country Ski Classes (6), 7:30 - 8:00	Basketball 8:00 - 9:45			

The above is an outline of the activities offered. Consult the Phys. Ed Department at 232-7306 for complete details.

Registration Form

To J.C.C. Phys. Ed. Department,
151 Chapel Street, Ottawa, K1N 7Y2

I/We would like to register for the following courses:

	Member	Non-Member
1. Girls ballet	free	\$5.00
2. Karate	free	\$5.00
3. Tennis	free	10.00
4. Happy Hour Fitness	free	5.00
5. Yoga	free	10.00
6. Cross Country	free	5.00
7. Ladies Fitness	\$7.00	12
8. Ladies Raquetball	free	10.00
9. Dance Company	free	5.00
10. Mother-Toddler	free	8.00
11. Ladies Volleyball	free	10.00
12. Badminton	\$2	5.00
13. Nutrition	free	5.00
14. Women's Football	\$5	
15. West End Fitness	free	\$12

Name) _____

Address _____

Telephone No. _____

Enclosed please find\$ _____

Please bill _____

J.C.C. Membership Rates

SCHEDULE OF ANNUAL MEMBERSHIP FEES

Family - husband, wife and children at school	\$85.00
Family - single parent and children at school	\$70.00
Husband and wife	\$70.00
Single man over 25	\$55.00
Single man under 25	\$40.00
Single women	\$40.00
Elementary, high school and university students	\$35.00

HEALTH CLUB

An area set aside for men and women 21 and over, which contains a massage room, wet and dry steam rooms, separate shower and locker rooms, sun lamps, slumber room, lounge and a snack bar. Men who wish to use these facilities pay the regular membership rate, plus an extra service fee of \$60. per year. Women pay an extra service fee of \$30. per year.

The Jewish Community Centre
Presents

Succot, 1975

Tuesday September 23

8:00 - 10:30 p.m.

Assembly Hall, J.C.C.

Everyone is Welcome

Adults, Youth, Children

Songs

Israeli Orchestra

Dance

Succot Refreshments

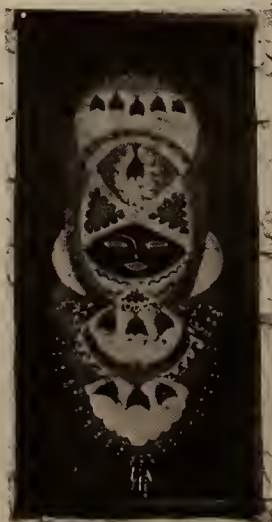
Dramatic Skits

served

Organized by the Jewish Community Centre
and Dror-Habonim

*You are
invited...*

The Jewish Community Centre invites you to an Exhibition and Sale of Batik Paintings by Alexandra Zaid brought to Canada in person by the artist on Sunday, Monday, Tuesday and Wednesday, October 5, 6, 7, and 8, 1975. Gallery Lounge, Jewish Community Centre 151 Chapel Street, Ottawa, Canada. The exhibit will be opened on Sunday evening, October 5, 1975 at 7:30 p.m. Gallery hours: Monday, Tuesday and Wednesday - 10:00 a.m. to 9:00 p.m.



**THEY CAN STOP
SOVIET JEWS
FROM
SPEAKING OUT**



**BUT THEY
CAN'T STOP US**

Ottawa Jewish Community
SIMCHAT TORAH RALLY
Sunday, September 28 - 7.30 p.m.

Assembly Point & Program
151 Chapel Street

Torch Light March - Russian Embassy

Special Programme - Guest Speakers
Singing & Dancing

Sponsored by the Soviet Jewry Committee of the Ottawa Vaad Hair

An Israeli Happening

The Jewish Community Centre presents

**HERE IS
ISRAEL**

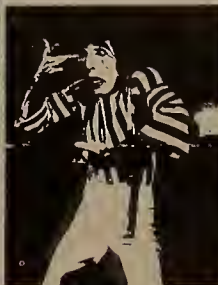
SUNDAY, OCTOBER 19
at 8.30 p.m.

Lasalle High School Auditorium
501 St. Patrick St. at Chapel



Adults \$3.50
Children \$2.50

Tickets available at the Centre
or from members of all Zionist
organizations



YONA & DAVID YELLIN - singers from kibbutz Ein-Dor
AVIVA SCHWARZ - vocalist and actress
URI TENNENBAUM - pantomime
YEHUDA ENGL - music director
TRIO KITZEH HASADE - ZVI BOUMS, GUY JOFFE,
REUVEN GEWIRTZ

Produced by Shmuel Firstenberg - Migvan